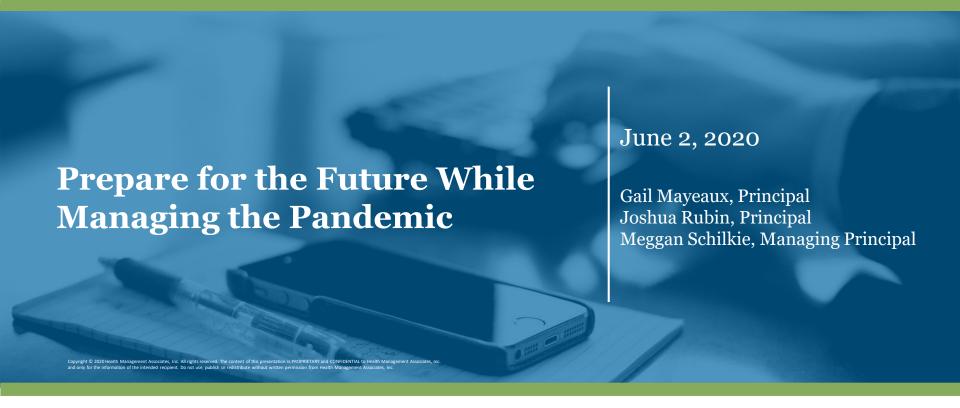
HEALTH MANAGEMENT ASSOCIATES



W W W . H E A L T H M A N A G E M E N T . C O M

■ TODAY'S PRESENTATION



1133 Avenue of the Americas Suite 620 New York, NY 10036

Telephone: (212)575-5929 www.healthmanagement.com

HEALTH MANAGEMENT ASSOCIATES



Gail Mayeaux Principal, Albany



Josh Rubin Principal, NYC



Meggan Schilkie Managing Principal, New York State



Agenda

- □ COVID Trajectory and Context
- ☐ What to do right now
 - ☐ Organizational health assessment
- □ Bringing short- and long-term strategies into harmony
 - **□** Operational Strategies
 - ☐ Organizational "hardening"
 - ☐ Administrative and financial leadership
 - **☐** Strategic partnerships
 - □ Program model

COVID TRAJECTORY: DIFFERENT PHASES IN DIFFERENT PLACES

Phase 3: Systems Change & Continued Response

Phase 1: Immediate Response

Emergency Response

Anticipate

Learn Prepare **Providers Scramble**

Shift Client Service Offerings Move to Telehealth Support Clients Support Staff (PPE, resilience)



PROVIDER REVENUE (economic stability)

Emergence (Jan-Feb)

Time [+

First cases identified State & county-level responses

Offices Reopen

Staff health screening Support resilience & traumatized staff Retention strategies Recruitment for newly open positions

Phase 2: Recalibration

Identify lessons learned Define new processes Identify catch up activities Project increased BH need Seek grant funding Prepare for next waves **Business planning**

WORKFORCE RETENTION

Assess and Prepare

Restrictions Lift

Grants

CMS halts Advance Payment Congress Supports BH providers State Budget Cuts announced Regulatory Changes continue

National Emergency

3/1 State of Emergency declared Telehealth Support 3/27 CARES Act passed Limited direct provider support

Establish New Normal

Define new processes **Consolidations & mergers** Strategic Planning for mid-term **Revise budgets & operations** Respond to continued waves of infection

2nd Wave

6 -9 months **Contact Tracing Antibody testing Regulatory Changes continue**

3rd Wave

18-24 months Vaccination campaign support **Education & Training**

■ WHAT WE'RE HEARING: PROVIDER NEEDS



■ KNOW YOUR AUDIENCE(S)

BY ALIGNING
PRIORITIES, YOU
CAN AVOID MAKING
COSTLY STRATEGY
REVISIONS

Engage staff, understand needs in shifting workplace

Learn from other industries

Engage clients, listen to specific needs of specific populations

Payers i.e. MCOs, foundations, donors

Consider barriers to care, including cultural and linguistic

Government partners and the challenges they are facing

- Take small, iterative steps vs. large, sweeping changes you may need to reverse
- Stay alert to grant opportunities, new billing availability and alternative payment models
- Connect everything back to your clients and your mission

■ WHAT TO DO RIGHT NOW?



- + Overcommunicate with key stakeholders
 - + Especially your clients
- + Understand the COVID-19 Impact on your organization
 - + Not going back to the way things were
- + Develop a long-term strategy that reflects the new normal
 - + Respond to short-term needs in ways that advance your long-term strategy
- + Pursue additional money thoughtfully
- + Comprehensive assessment of organizational health

■ CONDUCT A COMPREHENSIVE ORGANZITIONAL HEALTH ASSESSMENT

+ Financial

- + Days cash on hand
- + Profitability
- + Financial ratios
 - + Debt to income
 - + Current ratio
 - + Quick ratio
 - + Operating reserve
- + Days and amount in AR
- + Days and amount in AP
- + Non-financial
 - + Turnover/vacancy rates
 - + Management bench strength
 - + QI program capacity
 - + Market share
 - + Client base growth/shrinkage



■ ORGANIZATIONAL HEALTH ASSESSMENT SHOULD DRIVE STRATEGY

Partnership strategy		
Consider being acquired	Leverage IPAs, etc.	Consider acquiring
	Days of cash on hand	
<30		>180
	Profitability	5 1 51 1 11
None of the last three years		Each of the last three year
>40%	Debt to income ratio	<20%
>40%		<207
<2	Current ratio	>:
-2	Quick ratio	
<1	Quick ratio	>:
	Operating reserve	
<25%	o peraung reserve	>50%
	Days in A/R	
>90	· · · · ·	<4!
	Days in A/P	
>90 days		<60 day
	Turnover/vacancy rates	
>30%		<10%
	Client base	

■ KEEPING TWO 'NAVIGATIONAL BEACONS' IN VIEW



OPERATIONAL

Space How do you Shared/virtual distance? offices management Managing a People Who needs to remote be onsite? management workforce Integrated **CARES Act** Technology tele-BH system grants

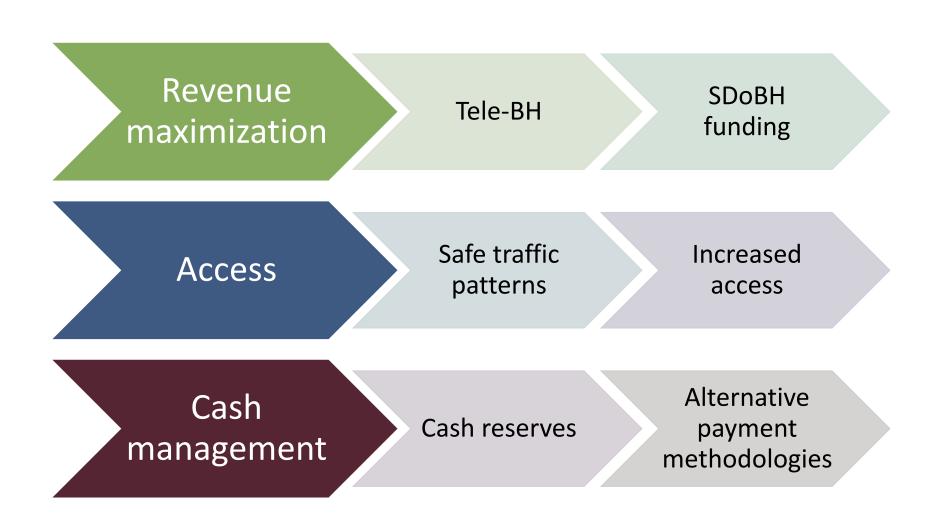
OPERATIONAL: SHORT TERM

Design future workplace model incorporating telehealth **Review current and future space needs** Reduce operating expenses associated with space What additional or new supports do staff need? Tools and technology enable efficiency and effectiveness

Back Office Restructuring

- Explore ASO or MSO arrangements
- Leverage IPAs, ACOs
- Keep certain workforce members at home
- Evaluate further outsourcing opportunities
- Use current pandemic response to create an iterative approach to remote staffing
- Joint ventures, affiliations or mergers

ORGANIZATIONAL HARDENING



ORGANIZATIONAL HARDENING: SHORT TERM

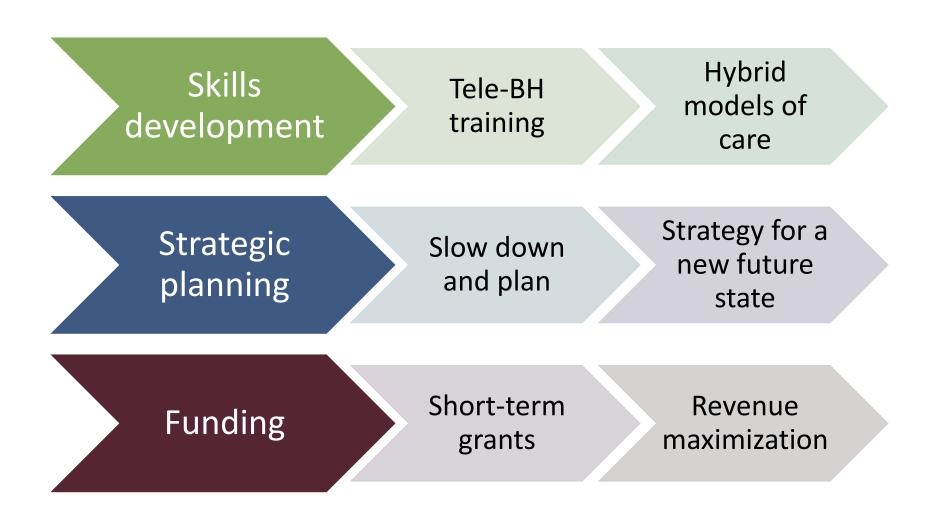
- Cash Management
 - Build cash reserves
 - Reduce current operating expenses
- Review and update current insurance policies for future operational disruptions
- Automate tasks (check-in kiosks, phone apps)
- Top of licensure analysis to support redeployment of staff



Revenue/ Reimburse ment Strategies

- Alternative and VBP arrangements as alternative to volume-driven care (this regulatory relief will not last forever)
- Complimentary grant opportunities to address social drivers of BH
- Build plan to ensure multiple points of client access
- Use emergency reimbursement accommodations to build advocacy for continuation
- New co-pay collection approaches enabled by technology

ADMINISTRATIVE AND FINANCIAL LEADERSHIP



■ TECHNICAL, ADAPTIVE AND FUNCTIONAL LEADERSHIP: SHORT TERM

- + Go back to the basics but avoid trying to recreate the past
- OVER-COMMUNICATE
- + Attend to culture
- + Invest in middle management
- + Revisit/review strategic plan WITH significant staff and stakeholder input
- + Engage on the topic of diversity and disparity
- + Innovate engaging rapid iteration
- + Attend to diverse forms of risk
- Review roles, structures and infrastructure

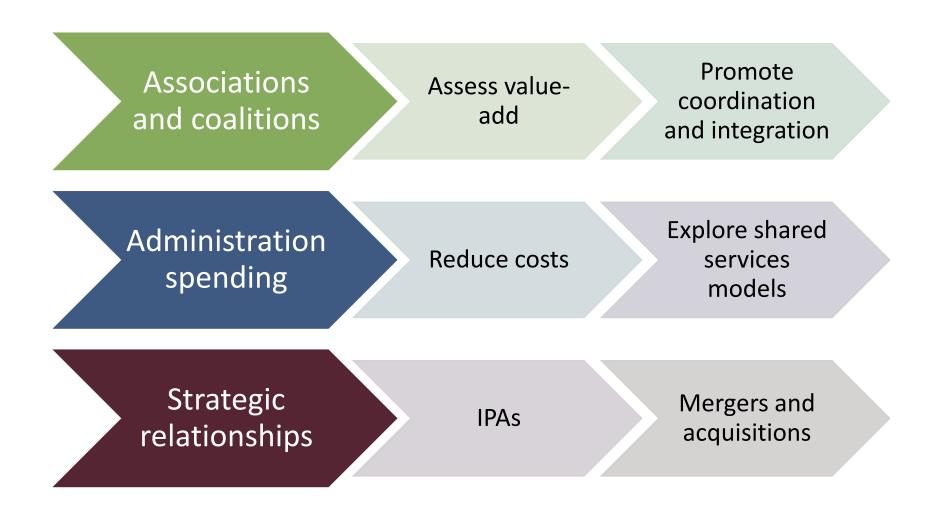


ADMINISTRATIVE AND FINANCIAL LEADERSHIP: LONG TERM



- Adopt practices from other business sectors
- Consider why, when, and how to bring staff together for continued engagement
- Virtual reality meetings, trainings and other events
- Sharing content with staff through diverse media
- Podcasts, videograms, interactive web portals

STRATEGIC PARTNERSHIPS



STRATEGIC PARTNERSHIPS: SHORT TERM

Review existing partnerships for ROI and relevance

Identify gaps in care – your community's and your organization's

Leverage associations and networks for advocacy support

Consider community fabric of care (CBOs) worn thin by the crisis

STRATEGIC PARTNERSHIPS: LONG TERM



- Who is missing?
- Same services to new partners or new services to the same partners
- Build a stronger communitybased model of care
- Partnerships with payers
- Create size/scope/scale/leverage
- What does your current agency size afford you that you risk losing if you grow?

PROGRAM MODEL

Staff safety

PPE and physical plant changes

Implications of extended WFH

Client access

Technology for Tele-BH

Responding to clients' preferences

Data

Capturing during crisis

Investments in data capture/analysis

■ PROGRAM MODEL: SHORT TERM "REOPENING" STRATEGIES



- + Acknowledge that you never fully closed
- + Time to government milestones
- Change waiting rooms and other physical plan modifications
- + Decrease the number of clients and staff in the building at any one time
- + Stagger workflows
- + Consider what you have to do to make staff and clients feel safe (i.e. access to PPE, cleaning procedures) – and procure/plan/develop P&Ps now
- + Anticipate future waves and their implications

Future Models, Projections Using Data

- Major increases in Medicaid enrollees
 - https://www.healthmanagement.com/blog/hmaupdates-forecast-of-covid-19-impact-on-medicaidmarketplace-uninsured/
- Target high need, high risk individuals need more rigorous risk stratification approaches
- New methods of outreach and engagement required (social media and other technology; partnerships with payers and delivery systems)
- Connect to widescale contact tracing efforts
- Position yourself to support State and Local efforts in public BH response
 - Anticipate FEMA CCP

QUESTIONS?



CONTACT US



GAIL MAYEAUX
Principal

716.307.0793 gmayeaux@healthmanagement.com www.healthmanagement.com



JOSHUA RUBIN Principal

646.590.0233 jrubin@healthmanagement.com www.healthmanagement.com





MEGGAN SCHILKIE
Managing Principal

646.590.0240 mschilikie@healthmanagement.com www.healthmanagement.com



@Meg4MentalHlth

HEALTH MANAGEMENT ASSOCIATES