

## Strategic Planning For Post-Disruption Recovery & Sustainability

The Coalition for Behavioral Health Business Recovery Initiative



Presented by Joe Naughton-Travers, Senior Associate, OPEN MINDS Wednesday, August 5<sup>th</sup>, 2020

www.openminds.com • 15 Lincoln Square, Gettysburg, Pennsylvania 17325 • 717-334-1329 • info@openminds.com

### Agenda

- 1. The Big Picture
- 2. The OPEN MINDS Four Phase Model For Successful Strategic Planning & Implementation
- 3. Scenario-Based Planning In Times Of Uncertainty
- 4. Sample External & Internal Strategic Planning Data
- 5. Putting It All Together: Synthesis and Plan Development



## **1. The Big Picture**



© 2020 OPEN MINDS 3

## Strategy In An Uncertain Landscape

## The strategic plan for the current market

• Should focus on optimizing the performance of current operations (market positioning, market share, revenue, margins, etc.)

## The strategic plan for the future market

 Should have a vision for your organization in its 'next generation' – and determine the time and resources required to make that change

## The transition plan to the future market

• The framework for moving from current market to future market

A solid plan frees up the management team to focus on optimizing the performance of current operations and building cash reserves to fund future development

## 2020 – A Year When Strategy Matters More Than Ever

#### Reopening Is Not Recovery

- Reopening during the COVID-19 pandemic is tactical, but recovery is strategic.

#### Leadership Is Adaptability In The Face Of Uncertainty

- "The most important factor in survival is neither intelligence nor strength but adaptability." – Charles Darwin

#### • Virtual Is The "New Normal"

- Post-pandemic health care will be a blend of face-to-face and virtual care.
- Organizations will likely continue to keep some administrative operations virtual rather than office-based.

#### 20% Or More Of Provider Organizations Are Not Likely To Financially Survive The Pandemic

- Cash and access to credit are critical.
- Aggressive new competition from existing health and human service organizations requires a post-pandemic strategy, not just crisis management.

## Value Of Strategic Planning For Your Organization

- Interprets the mission and vision, providing clear direction for the shortterm and for the future
- Serves as a formal process to allocate limited resources

• Establishes strategic priorities

- Ensures organizational alignment
- Establishes the basis for on-going performance reporting on organizational status provided by the chief executive officer to the board



## Value Of Planning For CEO & Management Team

Provides clarity from the board regarding organizational priorities and performance expectations

## Serves as the basis for development of organizational infrastructure and operating plans

## Serves as the basis for departmental and program plans



# Strategy Development – Common Strategic Options For Consideration

Closure of services or service lines that are not profitable, affordable, and/or a "good fit"

Strategies to improve margins of existing service lines

Building "value-added" products to increase margins

Expansion of successful service lines (geographic expansion, new customer base, etc.)

Diversification of revenue sources

Reconfiguration of services within the "value chain"

Strategies to address shifting "economy of scale" issues



Factors Contributing To Failed Plan Implementation

Poor preparation of line managers Definitions of service lines and operating units not precise

Vaguely formulated goals

Inadequate information for action planning Badly handled reviews of business unit plans Inadequate linkage of strategic plan with other control systems





## 2. The OPEN MINDS Four Phase Model For Successful Strategic Planning & Implementation



Phase I: Understanding Where We Are & Where We Want To Be

- 1. The "vision and mission" for the future
- 2. Organizational objectives for the next few years
- 3. The map of the service line portfolio—services, revenue, consumers, payer mix, margins
- 4. Organizational performance metrics
- 5. Key competitors by service line
- 6. Key payer profiles
- 7. The strategic scenarios—the most likely, the best case, and problematic cases
- 8. SWOT Perspective on strategic positioning
- 9. Understanding stakeholder perspectives executive team, board, payers, employees, consumers, and community—using surveys and focus groups

Phase II: Developing Strategy & Tactics

- 1. Developing key strategic initiatives—the options and the priorities
- 2. Selecting a set of key strategies for the most likely market scenario
- 3. Developing high-level tactics and timelines for key strategies

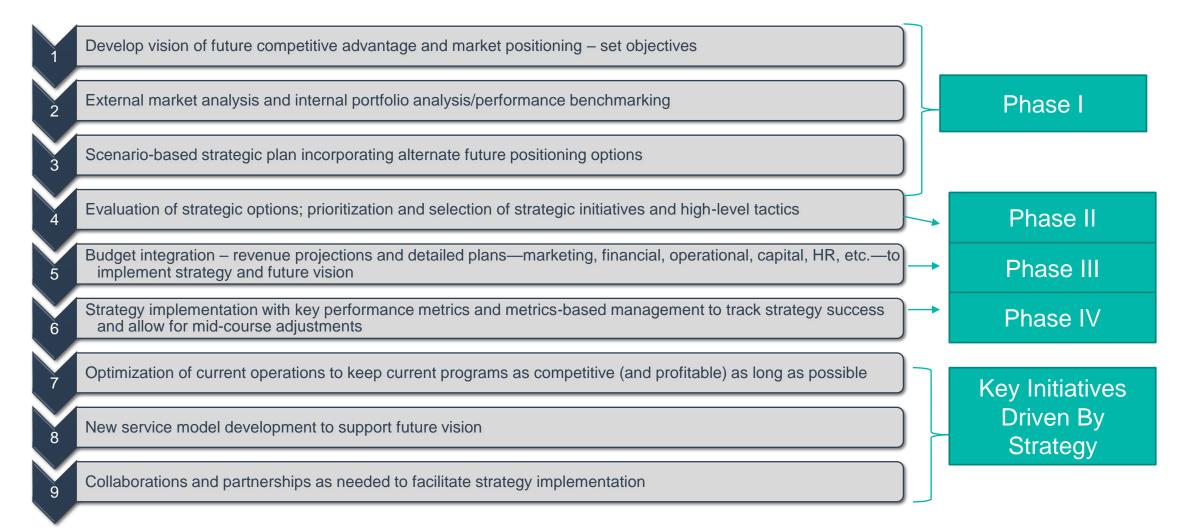
Phase III: Strategy Feasibility Assessment

- 1. Incorporating the strategy into budgets for the next fiscal year
- 2. Revenue projections
- 3. Detailed implementation tactics and cost
- 4. Preliminary budget model
- 5. Iterative changes to strategy and budget until final

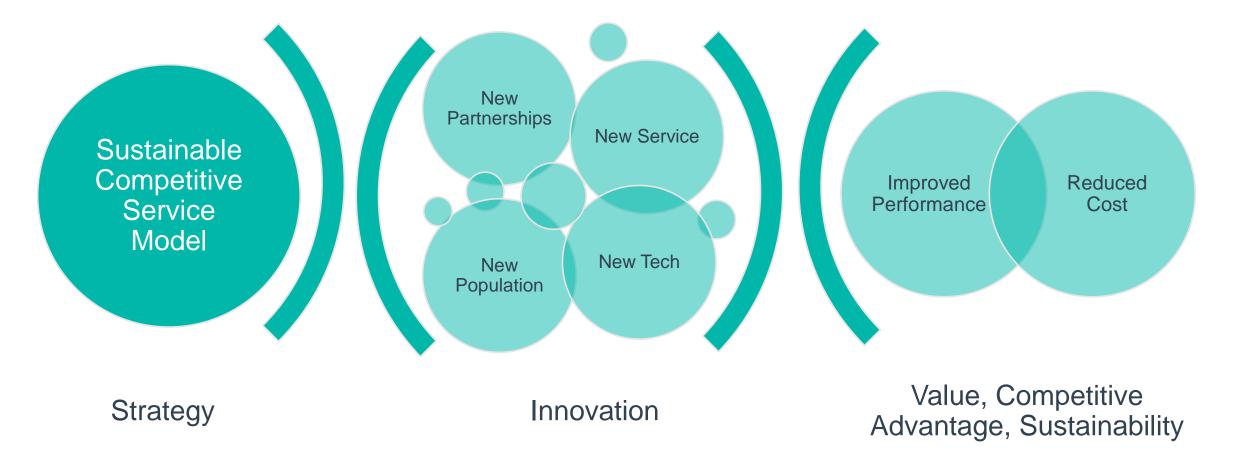
## Phase IV: Strategy Implementation

- 1. Develop key performance indicators for tracking strategy success
- 2. Create a metrics-based strategy implementation oversight process

## The OPEN MINDS Best Practice Process For Strategic Planning



#### Implementing A Strategy For Sustainability In Health & Human Services





## 3. Scenario-Based Planning In Times Of Uncertainty



### Scenario-Based Planning Is A Tool For Planning In A Chaotic Market

Most organizations need to move forward with implementation without "final" information.

Most practical option is concurrent scenario building and planning.

### A Scenario Is...

- An outline of a hypothesized chain of events
- Depictions of a future that are useful to clarify thinking—not predictions or forecasts of what will happen, rather, a suggestion of what might happen
- Several (usually three to five) descriptions of hypothetical situations – interspersed with extrapolations of trends; more useful for understanding options and dealing with uncertainty than predicting specific events

## Scenario-Based Planning Process

- 1. Build scenarios of likely future situations and high-level implementation plans for each
- 2. Determine the "common elements" in the scenario implementation plans—common organizational capabilities, resource investments, partnerships, etc.
- 3. Select the "most likely" scenario to occur as the basis for the strategic plan
- 4. Implement the "common elements to all scenarios" first when building the operational implementation plan
- 5. Monitor events to update scenarios and action plans
- 6. Continuously update both the scenarios and the implementation plans based on new developments

## Harvard Business Review: Developing Strategy Under Uncertainty



#### Level One: A Clear Enough Future

• This one is easy. Use a standard strategy toolkit for planning.

#### Level Two: Alternate Futures

• Define the 2 to 3 likely scenarios and plan for all of them.

#### Level Three: A Range Of Futures

• Here there are a wider range of possible scenarios. Identify market triggers for the wider range of scenarios and build a plan focused on the most probable ones like in Level Two.

#### Level Four: True Ambiguity

• Don't give up here and act on gut instinct! Here you need to plan for shorter time periods, monitoring market metrics, and quickly adapting to market changes and helping to SHAPE the future market.

Half of the strategy problems for organizations typically fall into Level Two or Level Three

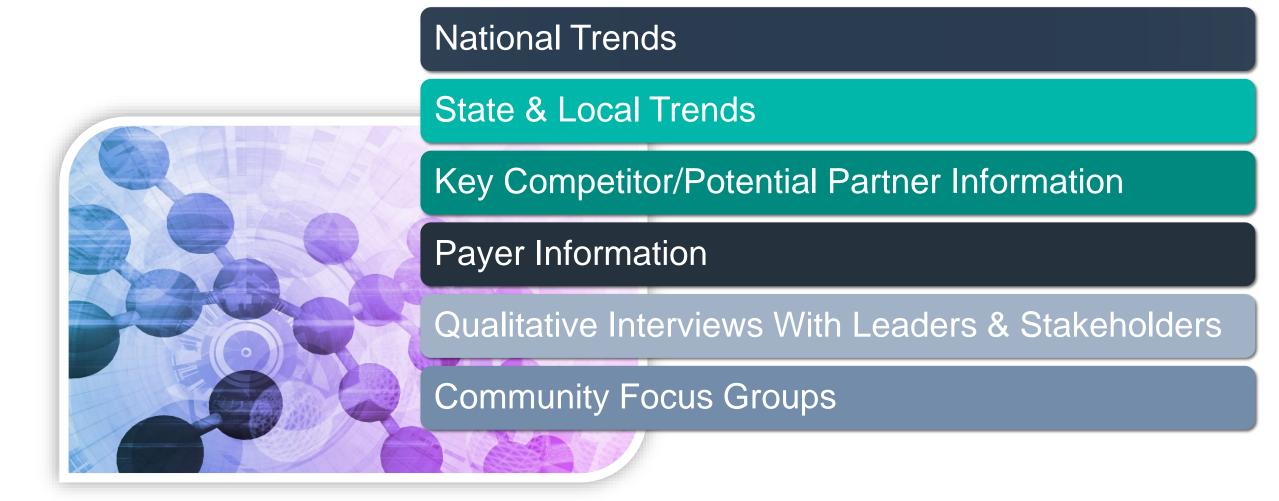


## 4. Sample External & Internal Strategic Planning Data



© 2020 OPEN MINDS 21

## Common Components Of External Analysis





## National Trends Impacting Human Services



• Impact Of The COVID-19 Pandemic

• Expansion Of Managed Care Models

2

3

5

6

 Continued Shift To Value-Based Contracting (VBC) Focusing On Reducing Health Care Costs & Improving Health Outcomes

• Increased Development & Utilization Of Integrated Care Models

Increased Competition & Consolidation Of Provider Organizations

 On-Going Changes To The Nature Of Services & Competition Due To Technology Texas State & Local Trends Example



#### • 1115 Waiver

2

3

4

5

6

Provider Shortage

Addiction Service Gaps

• School-Based Mental Health

Intellectual & Developmental Disability Funding
 Challenges

Crisis Response & Community Preparedness

CCBHC Certification

© 2020 OPEN MINDS 24

## State & Local Trends Example: New Jersey

#### New Jersey Trend #1

 New Jersey is likely to move reimbursement for many of its public sector behavioral health services from a contract-based and cost-based financing to a fee-for-service for provider organizations.

#### New Jersey Trend #2

 New Jersey's implementation of the Comprehensive Medicaid Waiver is likely to fundamentally change provider organization revenue streams; billing, reporting, and compliance requirements; and clinical operations.

#### New Jersey Trend #3

 New Jersey's deinstitutionalization movement, in compliance with the Supreme Court's Olmstead decision, will continue to drive the demand for specialized, community-based, behavioral health services.

| Key Competitor                                | Annual<br>Revenue | Branding Assessment   |
|---|-------------------|---|
| Bay Cove Community Service                    | \$92<br>million   | The brand is focused on people served and those hired, and is the antithesis of Riverside's institutionally-flavored brand. Bay Cove's voice is strong, personal and steady—a good model. The content featured in the website showcases the agency's people-centered approach, as does the use of photos. Messages are relatively jargon-free, which emphasizes the human focus. Graphic identity is limited to the use of the color blue and the logo (which is unintelligible).                       |
| Community Healthlink                          | \$62<br>million   | While core values include partnering with individuals served and families,<br>program descriptions use clinical jargon and do not include collaborative language<br>The result is a feeling more of the staff doing "for" rather than "with" the clients.   |
| Eliot Community Services                      | \$79<br>million   | Eliot's branding is very limited. Its meaningful logo conveys its focus on, and value<br>of, human growth. The color blue is the only other element of graphic identity and<br>conveys stability and reliability. There is no real integration of a brand into Eliot's<br>messages, although key messages for each target audience segment are strong.  |
| Riverside Community Care                      | \$60<br>million   | The limited branding is very corporate. Blue color conveys a sense of cool and formality. Photos are so clearly stock photos, a.k.a. inauthentic. Messages are impersonal and focused far more on Riverside than on clients, partners or supporters. Location (i.e. close to home) is presented as the greatest differentiator from other agencies.   |
| Seven Hills                                   | \$160<br>million  | Brand is centered around the concept of dignity and individual supports as the way<br>to get there. Doesn't get much deeper than that but this message is used<br>consistently throughout the site. The only graphic element is the logo (seven hills)<br>which isn't memorable or linked in any way to the brand concept.  |
| TLL – Toward Independent Living<br>& Learning | \$35<br>million   | Branding is conveyed graphically through the use of bold, energized colors that<br>convey TILL's approach to its' work. Messages are accessible and emphasis that<br>approach - responsive, collaborative, listeners. Strong focus on the way TILL does<br>its work which is unique among the brands reviewed. This is an important<br>messages but ultimately, the result/impact on clients and their lives is far more<br>important—For TILL that is covered strongly and memorably in its full name. |

#### **Key Competitors**



## Sample Competitor Information

| County       Riverside         Key Competitors       Inland Psychiatric Medical Group         Oasis Rehabilitation Center       Coasis Rehabilitation Center         Loma Linda University Behavioral Medicine Cer       Vista Pacifica Enterprises, Inc.         Palomar Health       Palomar Health         Inland Psychiatric Medical Group       Palomar Health         Headquarters Street Address       1809 W Redlands Bivd.         City       Redlands         State       CA         Zip       92373         Telephone       951-652-8107         Web Site       http://www.inlandpsych.com/         # Of Service Locations       7         Adolescent and young adult psychiatry         Adult psychiatry         Adulescent and young adult psychiatry         Adulescent and young adult psychiatry         Adulescent and Adult Therapy         Board Certified Psychiatrists         Licensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinical S         24 Hour On Call Clinicians         Bilingual Therapists         Same Day Appointments (When available)         Evening Appointments         Emergency Consultations         Lensed Service Locations/Delivery         Steeping and Mooo   |                    |
|--|--------------------|
| Inland Psychiatric Medical Group         Oasis Rehabilitation Center         Loma Linda University Behavioral Medicine Cer         Vista Pacifica Enterprises, Inc.         Palomar Health         West End Family Counseling Service         Inland Psychiatric Medical Group         Headquarters Street Address         1809 W Redlands Blvd.         City         Redlands         State         20         92373         Telephone         951-652-8107         Web Site         http://www.inlandpsych.com/         # Of Service Locations         7         Adolescent and young adult psychiatry<br>Adult psychiatry         Behavioral Health Services         Psychiatric Consultation Services         Evaluation and Treatment         Child, Adolescent and Adult Therapy         Board Certified Psychiatrists         Licensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinical S         24 Hour On Call Clinicians         Bilingual Therapists / Licensed Clinical S         Same Derive Locations/Delivery         Everning Appointments         Everning Appointments         Emergency Consultations         Psychological T   |                    |
| Inland Psychiatric Medical Group         Oasis Rehabilitation Center         Loma Linda University Behavioral Medicine Cer         Vista Pacifica Enterprises, Inc.         Palomar Health         West End Family Counseling Service         Inland Psychiatric Medical Group         Headquarters Street Address         1809 W Redlands Blvd.         City         Redlands         State         20         92373         Telephone         951-652-8107         Web Site         http://www.inlandpsych.com/         # Of Service Locations         7         Adolescent and young adult psychiatry         Adult psychiatric Strees         Psychiatric Consultation Services         Psychiatric Strees         Psychiatric Strees         Psychiatric Strees         Child, Adolescent and Adult Therapy         Board Certified Psychiatrists         Licensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinical S         Bilingual Therapists         State Service Locations/Delivery         Eesering Appointments         Evening Appointments         Emergency Consultations         Psychological Te  |                    |
| Oasis Rehabilitation Center         Loma Linda University Behavioral Medicine Cer         Vista Pacifica Enterprises, Inc.         Palomar Health         West End Family Counseling Service         Inland Psychiatric Medical Group         Headquarters Street Address         1809 W Redlands Blvd.         City       Redlands         State       CA         Zip       951-652-8107         Telephone       951-652-8107         Web Site       http://www.inlandpsych.com/         # Of Service Locations       7         # Of Service Locations       7         Adolts psychiatry       Behavioral Health Services         Psychiatric Onsultation Services       Evaluation and Treatment         Chid, Adolescent and Young adult psychiatry       Adolt psychiatry         Behavioral Health Services       Psychiatric Consultation Services         Evaluation and Treatment       Chid, Adolescent and Adult Therapy         Board Certified Psychiatrists       Licensed Clinician Services         Evaluation and Treatment       State         State       Same Day Appointments         Licensed Clinician Services       State         Bilingual Therapists / Licensed Clinicians       Bilingual Therapists / Licensed Clinicians <t< td=""><td></td></t<>   |                    |
| Loma Linda University Behavioral Medicine Cer         Vista Pacifica Enterprises, Inc.         Palomar Health         West End Family Counseling Service         Inland Psychiatric Medical Group         Headquarters Street Address         1809 W Redlands Bivd.         City         Redlands         State         CA         Zip         92373         Telephone         951-652-8107         Web Site         Http://www.inlandpsych.com/         # Of Service Locations         7         Adolescent and young adult psychiatry         Adult psychiatry         Behavioral Health Services         Evaluation and Treatment         Child, Adolescent and Adult Therapy         Board Certified Psychiatrists         Ucensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinical S         24 Hour On Call Clinical Psychologists         Marriage Tamily and Presentations         Every pointments         Emergency Consultations         Every Board Certified Psychiatrist         Ucensed Clinical Psychologists         Marriage Tamily Therapists / Licensed Clinical S         Same Day Appointments  |                    |
| Vista Pacifica Enterprises, Inc.         Palomar Health         West End Family Counseling Service         Inland Psychiatric Medical Group         Headquarters Street Address         1809 W Rediands Bivd.         City         State         CA         Zip         92373         Telephone         Web Site         http://www.inlandpsych.com/         # Of Service Locations         Zip         Behavioral Health Services         Psychiatry         Behavioral Health Services         Psychiatric Consultation Services         Evaluation and Treatment         Child, Adolescent and Adult Therapy         Board Certified Psychologists         Marriage Family Therapists / Licensed Clinical S         24 Hour On Call Clinicians         Bilingual Therapists / Licensed Clinical S         24 Hour On Call Clinicians         Bilingual Therapists         Same Day Appointments         Eutrement         Describe Service Locations/Delivery         Estimated Service Volume, In Units         CEO First Name         CEO First Name         CEO First Name         CEO First Name         CEO Fir  |                    |
| Palomar Health         West End Family Counseling Service         Inland Psychiatric Medical Group         Headquarters Street Address         City         Rediands         State         CA         Zip         92373         Telephone         951-562-8107         Web Site         http://www.inlandpsych.com/         # Of Service Locations         7         # Of Service Locations         7         Behavioral Health Services         Psychiatry         Behavioral Health Services         Psychiatric Consultation Services         Evaluation and Treatment         Chid, Adolescent and Adult Therapy         Board Certified Psychiatrists         Licensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinical S         24 Hour On Call Clinical Psychologists         Marriage Tamily Therapists         Same Day Appointments         Emergency Consultations         Enctures and Presentations         Psychological Testing         Estimated Service Locations/Delivery         Sleeping and Mood Problems         Estimated Service Volume, In Units         Edo Fir  | nter; Departmen    |
| West End Family Counseling Service           Inland Psychiatric Medical Group           Headquarters Street Address           City           Redlands           State           CA           Zip           92373           Telephone           951-652-8107           Web Site           # Of Service Locations           7           Adolescent and young adult psychiatry<br>Adult psychiatry<br>Behavioral Health Services           Psychiatric Consultation Services           Evaluation and Treatment<br>Child, Adolescent and Adult Therapy<br>Board Certified Psychologists           Marriage Family Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists           Same Day Appointments<br>Emergency Consultations           Lectures and Presentations           Psychological Testing           Eating and Sexual Problems           Stress and Migraine Management           Steeping and Mood Problems           Estimated Service Volume, In Units           CEO First Name           CEO Last Address           Kunam, MD           CEO Last Address </td <td></td>  |                    |
| Inland Psychiatric Medical Group         Headquarters Street Address         City         State         CA         Zip         92373         Telephone         951-652-8107         Web Site         Http://www.inlandpsych.com/         # Of Service Locations         7         Adolescent and young adult psychiatry         Adult psychiatry         Behavioral Health Services         Psychiatric Consultation services         Evaluation and Treatment         Child, Adolescent and young ddult Therapy         Board Certified Psychiatrists         Licensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinical S         Same Day Appointments         Emergency Consultations         Eating and Sexual Problems         Stress and Migraine Management         Sleeping and Mood Problems         Estimated Service Locations/Delivery         Eleping and Mood Problems         Estimated Service Volume, In Units         CEO First Name         CEO Email Address         Partn  |                    |
| Headquarters Street Address       1809 W Redlands Blvd.         City       Redlands         State       CA         Zip       92373         Telephone       951-652-8107         Web Site       http://www.inlandpsych.com/         # Of Service Locations       7         Adolescent and young adult psychiatry       Adult psychiatry         Behavioral Health Services       Psychiatric Consultation Services         Evaluation and Treatment       Chiid, Adolescent and Adult Therapy         Board Certified Psychiatrists       Licensed Clinical Psychologists         Mariage Family Therapists / Licensed Clinicals       Same Day Appointments (When available)         Evening Appointments       Emergency Consultations         Ectures and Presentations       Psychological Testing         Eating and Sexual Problems       Stress and Migraine Management         Seeping and Mood Problems       Steeping and Mood Problems         Estimated Service Volume, in Units       Syam         CEO First Name       Syam         CEO Einst Name       Syam         CEO Einst Name       Kunam, MD         CEO Einst Name       Kunam, MD         CEO Einst Name       Insurance Accepted: Actina HMO/PPO Blue Cropo  |                    |
| Headquarters Street Address       1809 W Redlands Blvd.         City       Redlands         State       CA         Zip       92373         Telephone       951-652-8107         Web Site       http://www.inlandpsych.com/         # Of Service Locations       7         Adolescent and young adult psychiatry       Adult psychiatry         Behavioral Health Services       Psychiatric Consultation Services         Evaluation and Treatment       Chiid, Adolescent and Adult Therapy         Board Certified Psychiatrists       Licensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinicals       Same Day Appointments (When available)         Evening Appointments       Emergency Consultations         Encurs and Presentations       Psychological Testing         Eating and Sexual Problems       Stress and Migraine Management         Describe Service Locations/Delivery       Sleeping and Mood Problems         Estimated Service Volume, In Units       Syam         CEO First Name       Syam         CEO Ensit Name       Kunam, MD         CEO Email Address       Kunam, MD         Partnerships & Collaborations       Insurance Accepted: Actina HMO/PPO Blue Crop   |                    |
| City       Redlands         State       CA         Zip       92373         Telephone       951-652-8107         Web Site       http://www.inlandpsych.com/         # Of Service Locations       7         Adulescent and young adult psychiatry       Adule psychiatry         Behavioral Health Services       Psychiatric Consultation Services         Evaluation and Treatment       Child, Adolescent and Adult Therapy         Board Certified Psychiatrists       Licensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinical Sechologists       Marriage Family Therapists / Licensed Clinical Sechologists         Bilingual Therapists       Same Day Appointments (When available)       Evening Appointments         Evening Appointments       Emergency Consultations       Lectures and Presentations         Describe Service Locations/Delivery       Sleeping and Mood Problems       Stress and Migraine Management         Steinated Service Revenue       Stress and Migraine Management       Sleeping and Mood Problems         Estimated Service Volume, In Units       Stress and Migraine Management         CEO First Name       Syam       CEO Last Name         CEO Last Name       Kunam, MD       CEO Last Name       Runam@inlandpsych.com         Partnerships & Collaborations       Insurance Accep  |                    |
| State       CA         Zip       92373         Telephone       951-652-8107         Web Site       http://www.inlandpsych.com/         # Of Service Locations       7         Adolescent and young adult psychiatry       Adult psychiatry         Behavioral Health Services       Psychiatric Consultation Services         Evaluation and Treatment       Child, Adolescent and Adult Therapy         Board Certified Psychiatrists       Licensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinical S       24 Hour On Call Clinicians         Bilingual Therapists       Same Day Appointments (When available)         Evening Appointments       Emergency Consultations         Lectures and Presentations       Psychological Testing         Eating and Sexual Problems       Stress and Migraine Management         Stress and Migraine Management       Steeping and Mood Problems         Estimated Service Volume, In Units       Syam         CEO Last Name       Syam         CEO Last Name       Kunam, MD         CEO Email Address       Kunam, MD         CEO Email Address       Kunam, MD  |                    |
| 210       92373         Telephone       951-652-8107         Web Site       http://www.inlandpsych.com/         # Of Service Locations       7         Adolescent and young adult psychiatry         Adult psychiatry         Behavioral Health Services         Psychiatric Consultation Services         Evaluation and Treatment         Child, Adolescent and Adult Therapy         Board Certified Psychiatrists         Licensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinical S         24 Hour On Call Clinicians         Bilingual Therapists         Same Day Appointments         Emergency Consultations         Lectures and Presentations         Psychological Testing         Eating and Sexual Problems         Stress and Migraine Management         Stress and Migraine Management         Estimated Service Locations/Delivery         Sleeping and Mood Problems         Estimated Service Revenue         Estimated Service Volume, In Units         CEO First Name       Syam         CEO Last Name       Kunam, MD         CEO Email Address       kunam@inlandpsych.com         Partnerships & Collaborations       Insurance Accepted: Aetna HMO/PPO Blue Crophore Contex<  |                    |
| Telephone 951-652-8107<br>Web Site http://www.inlandpsych.com/<br># Of Service Locations 7<br>Adolescent and young adult psychiatry<br>Behavioral Health Services<br>Psychiatric Consultation Services<br>Evaluation and Treatment<br>Child, Adolescent and Adult Therapy<br>Board Certified Psychiatrists<br>Licensed Clinical Psychologists<br>Marriage Family Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>25 Hour On Call Clinicians<br>Bilingual Therapists / Licensed Clinical S<br>26 Evening Appointments<br>Estimated Service Locations/Delivery<br>Estimated Service Revenue<br>Estimated Service Revenue<br>Estimated Service Volume, In Units<br>CEO First Name<br>CEO Last Name<br>CEO Last Name<br>CEO Last Name<br>CEO Email Address<br>Partnerships & Collaborations<br>Lastingual Callaborations<br>Estimated Service Actine HMO/PPO Blue Croolege Actine HMO/PPO Blue Croolege Actine Actine HMO/PPO Blue Croolege Actine Acti |                    |
| Web Site       http://www.inlandpsych.com/         # Of Service Locations       7         Adolescent and young adult psychiatry<br>Adult psychiatry       Adolescent and young adult psychiatry         Adult psychiatry       Behavioral Health Services         Psychiatric Consultation Services       Evaluation and Treatment         Child, Adolescent and Adult Therapy       Board Certified Psychiatrists         Licensed Clinical Psychologists       Marriage Family Therapists / Licensed Clinical S         24 Hour On Call Clinicians       Bilingual Therapists         Same Day Appointments (When available)       Evening Appointments         Emergency Consultations       Lectures and Presentations         Lectures and Presentations       Psychological Testing         Estimated Service Locations/Delivery       Stress and Migraine Management         Stress and Migraine Management       Sleeping and Mood Problems         Estimated Service Volume, In Units       Syam         CEO First Name       Syam         CEO Last Name       Kunam@inlandpsych.com         CEO Email Address       Kunam@inlandpsych.com         Partnerships & Collaborations       Kunam@inlandpsych.com  |                    |
| # Of Service Locations       7         Adolescent and young adult psychiatry         Adult psychiatry         Behavioral Health Services         Psychiatric Consultation Services         Evaluation and Treatment         Child, Adolescent and Adult Therapy         Board Certified Psychiatrists         Licensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinical S         24 Hour On Call Clinicians         Bilingual Therapists         Same Day Appointments (When available)         Evening Appointments         Emergency Consultations         Lectures and Presentations         Psychological Testing         Eating and Sexual Problems         Stress and Migraine Management         Sleeping and Mood Problems         Estimated Service Revenue         Estimated Service Volume, In Units         CEO First Name       Syam         CEO Last Name       Kunam, MD         CEO Email Address       kunam@inlandpsych.com         Partnerships & Collaborations       Insurance Accepted: Aetna HMO/PPO Blue Crophone  |                    |
| Adolescent and young adult psychiatry         Adult psychiatry         Behavioral Health Services         Psychiatric Consultation Services         Evaluation and Treatment         Child, Adolescent and Adult Therapy         Board Certified Psychiatrists         Licensed Clinical Psychologists         Marriage Family Therapists / Licensed Clinical S         24 Hour On Call Clinicians         Bilingual Therapists / Licensed Clinical S         Same Day Appointments (When available)         Evening Appointments         Emergency Consultations         Lectures and Presentations         Psychological Testing         Eating and Sexual Problems         Estimated Service Locations/Delivery         Estimated Service Revenue         Estimated Service Volume, In Units         CEO First Name         CEO Last Name         CEO Cemail Address         Runam, MD         CEO Email Address         Partnerships & Collaborations  |                    |
| Adult psychiatryBehavioral Health ServicesPsychiatric Consultation ServicesEvaluation and TreatmentChild, Adolescent and Adult TherapyBoard Certified PsychiatristsLicensed Clinical PsychologistsMarriage Family Therapists / Licensed Clinical S24 Hour On Call CliniciansBilingual TherapistsSame Day Appointments (When available)Evening AppointmentsEmergency ConsultationsLectures and PresentationsPsychological TestingEating and Sexual ProblemsStress and Migraine ManagementSteeping and Mood ProblemsEstimated Service Locations/DeliveryEstimated Service Volume, In UnitsCEO First NameCEO Last NameCEO Last NameCEO Last NameCEO Last NameCEO Trest NameCEO Trest NameCEO Trest NameCEO TestingRestRestRestRestRestRestRestCEO Trest NameCEO Trest NameCEO Test Name<   |                    |
| Behavioral Health ServicesPsychiatric Consultation ServicesEvaluation and TreatmentChild, Adolescent and Adult TherapyBoard Certified PsychiatristsLicensed Clinical PsychologistsMarriage Family Therapists / Licensed Clinical S24 Hour On Call CliniciansBilingual TherapistsSame Day AppointmentsEvening AppointmentsEmergency ConsultationsLectures and PresentationsPsychological TestingEstimated Service Locations/DeliveryEstimated Service Volume, In UnitsCEO First NameCEO Last NameCEO Last NameCEO Email AddressPartnerships & CollaborationsInsurance Accepted: Aetna HMO/PPO Blue Cred   |                    |
| Behavioral Health ServicesPsychiatric Consultation ServicesEvaluation and TreatmentChild, Adolescent and Adult TherapyBoard Certified PsychiatristsLicensed Clinical PsychologistsMarriage Family Therapists / Licensed Clinical S24 Hour On Call CliniciansBilingual TherapistsSame Day AppointmentsEvening AppointmentsEmergency ConsultationsLectures and PresentationsPsychological TestingEstimated Service Locations/DeliveryEstimated Service Volume, In UnitsCEO First NameCEO Last NameCEO Last NameCEO Email AddressPartnerships & CollaborationsInsurance Accepted: Aetna HMO/PPO Blue Cred   |                    |
| Psychiatric Consultation ServicesEvaluation and TreatmentChild, Adolescent and Adult TherapyBoard Certified PsychiatristsLicensed Clinical PsychologistsMarriage Family Therapists / Licensed Clinical S24 Hour On Call CliniciansBilingual TherapistsSame Day Appointments (When available)Evening AppointmentsEmergency ConsultationsLectures and PresentationsPsychological TestingEating and Sexual ProblemsStress and Migraine ManagementSleeping and Mood ProblemsEstimated Service Volume, In UnitsCEO First NameCEO Last NameCEO Last NameCEO Last NameCEO ClastorsPartnerships & CollaborationsInsurance Accepted:Acting AppointersInsurance Accepted:Acting Appointers   |                    |
| Evaluation and TreatmentChild, Adolescent and Adult TherapyBoard Certified PsychiatristsLicensed Clinical PsychologistsMarriage Family Therapists / Licensed Clinical S24 Hour On Call CliniciansBilingual TherapistsSame Day Appointments (When available)Evening AppointmentsEmergency ConsultationsLectures and PresentationsPsychological TestingEating and Sexual ProblemsStress and Migraine ManagementSleeping and Mood ProblemsEstimated Service Locations/DeliverySleeping and Mood ProblemsEstimated Service Volume, In UnitsCEO First NameCEO Last NameCEO Last NameCEO Last NameCEO Last NameKunam@inlandpsych.comPartnerships & CollaborationsInsurance Accepted: Aetna HMO/PPO Blue Credition  |                    |
| Child, Adolescent and Adult Therapy<br>Board Certified Psychiatrists<br>Licensed Clinical Psychologists<br>Marriage Family Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists<br>Same Day Appointments (When available)<br>Evening Appointments (When available)<br>Evening Appointments<br>Lectures and Presentations<br>Psychological Testing<br>Eating and Sexual ProblemsDescribe Service Locations/DeliverySleeping and Mood ProblemsEstimated Service RevenueStress and Migraine ManagementEstimated Service Volume, In UnitsSyamCEO First NameSyamCEO Last NameKunam, MDCEO Last NameKunam, MDCEO Email AddressKunam, MDPartnerships & CollaborationsInsurance Accepted: Aetna HMO/PPO Blue Cred  |                    |
| Board Certified PsychiatristsLicensed Clinical PsychologistsMarriage Family Therapists / Licensed Clinical S24 Hour On Call CliniciansBilingual TherapistsSame Day Appointments (When available)Evening AppointmentsEmergency ConsultationsLectures and PresentationsPsychological TestingDescribe Service Locations/DeliverySleeping and Mood ProblemsEstimated Service RevenueEstimated Service RevenueCEO First NameCEO Last NameCEO Last NameCEO Last NameCEO Email AddressPartnerships & CollaborationsInsurance Accepted: Aetna HMO/PPO Blue Cred  |                    |
| Licensed Clinical Psychologists<br>Marriage Family Therapists / Licensed Clinical S<br>24 Hour On Call Clinicians<br>Bilingual Therapists<br>Same Day Appointments (When available)<br>Evening Appointments<br>Emergency Consultations<br>Lectures and Presentations<br>Psychological Testing<br>Eating and Sexual Problems<br>Stress and Migraine Management<br>Sleeping and Mood Problems<br>Estimated Service Revenue<br>Estimated Service Volume, In Units<br>CEO First Name<br>CEO Last Name<br>CEO Last Name<br>CEO Last Name<br>CEO Last Name<br>CEO Last Name<br>CEO Email Address<br>Partnerships & Collaborations<br>Insurance Accepted: Aetna HMO/PPO Blue Cro  |                    |
| Marriage Family Therapists / Licensed Clinical S24 Hour On Call CliniciansBilingual TherapistsSame Day Appointments (When available)Evening AppointmentsEvening AppointmentsEmergency ConsultationsLectures and PresentationsPsychological TestingEating and Sexual ProblemsStress and Migraine ManagementSleeping and Mood ProblemsEstimated Service RevenueEstimated Service Volume, In UnitsCEO First NameCEO Last Name <td< td=""><td></td></td<>   |                    |
| 24 Hour On Call CliniciansBilingual TherapistsSame Day Appointments (When available)Evening AppointmentsEmergency ConsultationsLectures and PresentationsPsychological TestingEating and Sexual ProblemsStress and Migraine ManagementSleeping and Mood ProblemsEstimated Service RevenueEstimated Service Volume, In UnitsCEO First NameCEO Last NameCEO Email AddressPartnerships & CollaborationsInsurance Accepted:Aetna HMO/PPO Blue Creations  | Social Workors     |
| Bilingual Therapists<br>Same Day Appointments (When available)<br>Evening Appointments<br>Emergency Consultations<br>Lectures and Presentations<br>Psychological Testing<br>Eating and Sexual Problems<br>Stress and Migraine ManagementDescribe Service Locations/DeliverySleeping and Mood ProblemsEstimated Service RevenueEstimated Service Volume, In UnitsCEO First NameSyamCEO Last NameKunam, MDCEO Email Addresskunam@inlandpsych.comPartnerships & CollaborationsInsurance Accepted: Aetna HMO/PPO Blue Crop   |                    |
| Same Day Appointments (When available)<br>Evening Appointments<br>Emergency Consultations<br>Lectures and Presentations<br>Psychological Testing<br>Eating and Sexual Problems<br>Stress and Migraine Management<br>Sleeping and Mood ProblemsDescribe Service Locations/DeliverySleeping and Mood ProblemsEstimated Service RevenueEating<br>Stress and Migraine ManagementCEO First NameSyamCEO Last NameSyamCEO Last NameKunam, MDCEO Email Addresskunam@inlandpsych.comPartnerships & CollaborationsInsurance Accepted: Aetna HMO/PPO Blue Cred  |                    |
| Evening AppointmentsEmergency ConsultationsLectures and PresentationsPsychological TestingEating and Sexual ProblemsStress and Migraine ManagementSleeping and Mood ProblemsEstimated Service RevenueEstimated Service Volume, In UnitsCEO First NameCEO Last NameCEO Last NameCEO Email AddressPartnerships & CollaborationsInsurance Accepted:Actional Problems  |                    |
| Emergency ConsultationsLectures and PresentationsPsychological TestingEating and Sexual ProblemsStress and Migraine ManagementSteeping and Mood ProblemsEstimated Service RevenueEstimated Service Volume, In UnitsCEO First NameCEO Last NameCEO Last NameCEO Email AddressPartnerships & CollaborationsInsurance Accepted:Aetna HMO/PPO Blue Cred  |                    |
| Lectures and PresentationsPsychological TestingEating and Sexual ProblemsStress and Migraine ManagementSleeping and Mood ProblemsEstimated Service RevenueEstimated Service Volume, In UnitsCEO First NameCEO Last NameCEO Email AddressPartnerships & CollaborationsInsurance Accepted:Actional Model Problems  |                    |
| Psychological Testing<br>Eating and Sexual Problems<br>Stress and Migraine ManagementDescribe Service Locations/DeliverySleeping and Mood ProblemsEstimated Service RevenueEstimated Service Volume, In UnitsCEO First NameSyamCEO Last NameKunam, MDCEO Email Addresskunam@inlandpsych.comPartnerships & CollaborationsInsurance Accepted:  |                    |
| Eating and Sexual ProblemsDescribe Service Locations/DeliveryStress and Migraine ManagementDescribe Service RevenueSleeping and Mood ProblemsEstimated Service RevenueEstimated Service Volume, In UnitsCEO First NameSyamCEO Last NameKunam, MDCEO Email Addresskunam@inlandpsych.comPartnerships & CollaborationsInsurance Accepted:   |                    |
| Stress and Migraine Management         Describe Service Locations/Delivery       Sleeping and Mood Problems         Estimated Service Revenue       Estimated Service Volume, In Units         CEO First Name       Syam         CEO Last Name       Kunam, MD         CEO Email Address       kunam@inlandpsych.com         Partnerships & Collaborations       Insurance Accepted: Aetna HMO/PPO Blue Cropped Service Cropp  |                    |
| Describe Service Locations/Delivery       Sleeping and Mood Problems         Estimated Service Revenue       Estimated Service Volume, In Units         CEO First Name       Syam         CEO Last Name       Kunam, MD         CEO Email Address       kunam@inlandpsych.com         Partnerships & Collaborations       Insurance Accepted: Aetna HMO/PPO Blue Cropped Service Croppe  |                    |
| Estimated Service Revenue       Estimated Service Volume, In Units         Estimated Service Volume, In Units       Syam         CEO First Name       Syam         CEO Last Name       Kunam, MD         CEO Email Address       kunam@inlandpsych.com         Partnerships & Collaborations       Insurance Accepted:   |                    |
| Estimated Service Volume, In Units       Estimated Service Volume, In Units         CEO First Name       Syam         CEO Last Name       Kunam, MD         CEO Email Address       kunam@inlandpsych.com         Partnerships & Collaborations       Insurance Accepted:  |                    |
| CEO First Name     Syam       CEO Last Name     Kunam, MD       CEO Email Address     kunam@inlandpsych.com       Partnerships & Collaborations     Insurance Accepted:  |                    |
| CEO Last Name     Kunam, MD       CEO Email Address     kunam@inlandpsych.com       Partnerships & Collaborations     Insurance Accepted:  |                    |
| CEO Email Address         kunam@inlandpsych.com           Partnerships & Collaborations         Insurance Accepted:  |                    |
| Partnerships & Collaborations Insurance Accepted: Aetna HMO/PPO Blue Cro   |                    |
| Partnerships & Collaborations Insurance Accepted: Aetna HMO/PPO Blue Cro   |                    |
|  | ross Blue Shield P |
| Payer Contracts & Relationships  |                    |



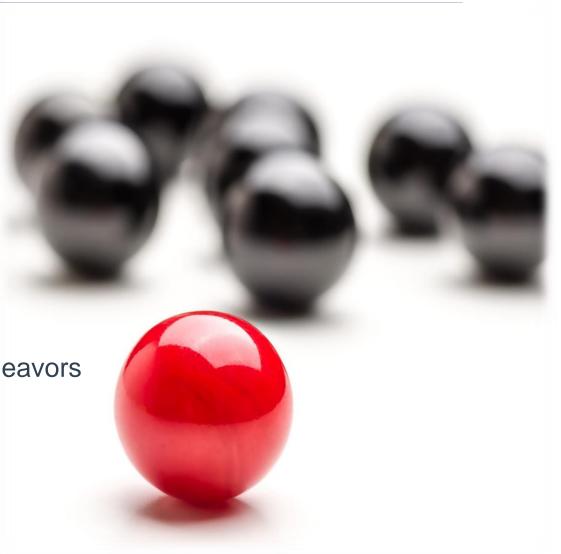
## Key Competitors & Potential Partners

- Active Day
- Boundless
- Echoing Hills
- Hattie Larlham
- Help Foundation
- Jewish Family Service Association of Cleveland
- NCC Solutions
- New Avenues to Independence
- New Leaf

- Rem Ohio
- ResCare
- Rose Mary Center
- United Cerebral Palsy Association of Greater Cleveland, Inc.
- United Disability Services
- Viaquest
- Weaver Industries
- Welcome Home

## Potential Partners & Collaborators Identified

- 1. Aliviane
- 2. Atlantis Behavioral Health
- 3. Centro de San Vicente
- 4. El Paso Behavioral Health Systems
- 5. El Paso Mental Health
- 6. Family Service of El Paso
- 7. Project Vida
- 8. Rio Vista Behavioral Health Hospital
- 9. Steven A. Cohen Military Family Clinic at Endeavors
- 10. Tenet Health
- 11. Texas Tech Physicians of El Paso
- 12. University Medical Center of El Paso



|                                |                       | Enrollment, San | Enrollment, | Enrollment, | Enrollment, San | Enrollment, |                             |               |       |       |              |                             | Behavioral Health       |
|--------------------------------|-----------------------|-----------------|-------------|-------------|-----------------|-------------|-----------------------------|---------------|-------|-------|--------------|-----------------------------|-------------------------|
| Government Insurers            | Total Enrollment (CA) | Diego           | Imperial    | Orange      | Bernardino      | Riverside   | Headquarters Street Address | City          | State | Zip   | Telephone    | Web Site                    | Management Organization |
| Medicare                       | 5,000,198             | 178,583         | 2,466       | 189,292     | 123,223         | 152,359     |                             |               |       |       |              | http://www.medicare.gov/    | n/a                     |
| MediCal                        | 7,339,984             | 453,494         | 55,519      | 469,970     | 484,988         | 410,932     | 1501 Capitol Ave., MS 4400  | Sacramento    | CA    | 95814 | 916-449-5000 | http://www.medi-cal.ca.gov/ | n/a                     |
| Tri-Care/Military (UnitedHealt |                       | 290,219         | 1,823       | 20,586      | 49,946          | 43,653      | 425 Market St., 27th Fl.    | San Francisco | CA    | 94105 | 877-988-9378 | uhcmilitarywest.com         | Optum Health            |

Blue Shading indicates plan with enrollment  $\ge$  1000 - threshold to complete demographic research for this plan

Note: Medicare Advantage Enrollment data does not include numbers <10 in each county according to Health Plan

Some Medicare Advantage plans are under same plan name/entity but have a different contract number with CMS, therefore under separate columns (Plan ID included in the last column)

| Medicare Advantage               | Total Enrollment (CA) | Enrollment, San<br>Diego | Enrollment,<br>Imperial | Enrollment,<br>Orange | Enrollment, San<br>Bernadino | Enrollment,<br>Riverside | Headquarters Street Address         | Citv          | State | Zio   | Telephone    | Web Site                          | Behavioral Health<br>Management Organization |
|----------------------------------|-----------------------|--------------------------|-------------------------|-----------------------|------------------------------|--------------------------|-------------------------------------|---------------|-------|-------|--------------|-----------------------------------|--|
| Aetna Health Of California, Inc. | 25,452                |                          | in pondi                | 2,410                 | 5,837                        |                          |                                     |               | CA    | -1    | 800-756-7039 | http://www.aetnamedicare.com/     | Magellan                                     |
| Anthem Blue Cross Life And He    | 37,375                | 4,668                    | 294                     | 7,457                 | 116                          | 2,080                    | 50 Beale Street                     | San Francisco | CA    | 94105 | 415-229-5000 | https://www.anthem.com/ca         | Anthem Behavioral                            |
| Blue Cross Of California         | 12,251                | 1,746                    | 16                      | 945                   | 1,420                        | 2,463                    | 50 Beale Street                     | San Francisco | CA    | 94105 | 415-229-5000 | https://www.anthem.com/ca         | Anthem Behavioral                            |
| California Physicians' Service   | 66,727                | 569                      | 118                     | 18,124                | 4,422                        | 2,522                    | 50 Beale Street                     | San Francisco | CA    | 94105 | 415-229-5000 | http://www.blueshieldca.com       | Magellan                                     |
| Care1st Health Plan              | 30,369                | 7,288                    |                         | 1,075                 | 445                          | 219                      | 601 Potrero Grande Drive            | Montery Park  | CA    | 91755 | 323-889-6638 | https://www.care1st.com/ca/       | CompCare                                     |
| Caremore Health Plan             | 51,262                | 27                       |                         | 8,321                 | 3,835                        |                          | 12900 Park Plaza Drive, Suite 150   | Cerritos      | CA    | 90703 | 562-741-4552 | http://www.caremore.com           | in house                                     |
| Central Health Plan Of Californ  | 12,211                |                          |                         | 748                   | 1,320                        | 31                       | 1540 Bridgegate Drive               | Diamond Bar   | CA    | 91765 | 626-388-2300 | https://www.centralhealthplan.com | in house                                     |
| Citizens Choice Healthplan       | 14,388                |                          |                         | 1,113                 | 1,543                        | 3,271                    | 17315 Studebaker Road, Suite 200    | Cerritos      | CA    | 90703 | 323-728-7232 | http://citizenschoicehealth.com/  |  |
| Community Health Group           | 1,221                 | 1,221                    |                         |                       |                              |                          | 740 Bay Blvd                        | Chula vista   | CA    | 91910 | 619-498-6589 | http://www.chgsd.com              | in house                                     |
| Easy Choice Health Pla Inc.      | 53,767                | 1,643                    | 593                     | 7,569                 | 3,220                        | 7,634                    | 180 East Ocean Boulevard, Suite 700 | Long Beach    | CA    | 90802 | 562-343-9713 | http://www.easychoicehealthplan.c | ValueOptions                                 |



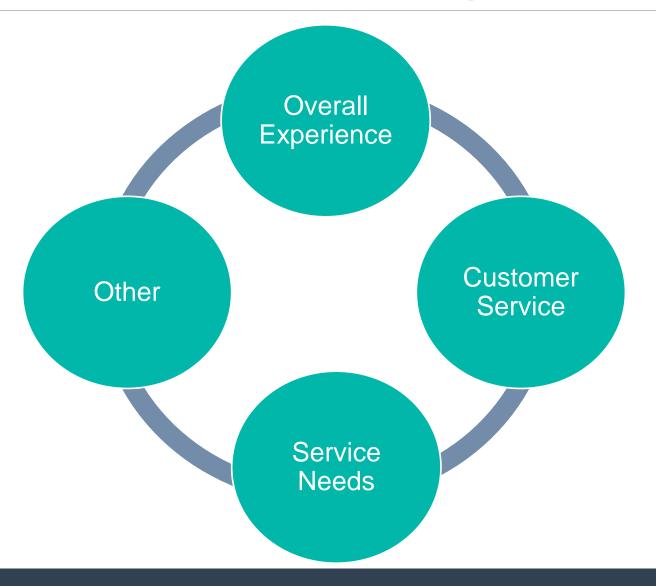
## Sample Payer Information

| CEO First<br>Name | CEO Middle<br>Name | CEO Last<br>Name | Suffix | CEO Email Address      | Provider Contracting | U U    | Title                             | Provider Contracting<br>Contact Telephone | Provider Contracting<br>Contact Email<br>Address | Provider Contracting<br>Contact Web Site | Notes/Source                          |
|-------------------|--------------------|------------------|--------|------------------------|----------------------|--------|-----------------------------------|---|--|--|---------------------------------------|
|                   |                    |                  |        |                        |                      |        |                                   |   |  |  | Kaiser: 2012 (http://www.statehealthf |
|                   |                    |                  |        |                        |                      |        |                                   |   |  |  | http://www.dhcs.ca.gov/dataandstats   |
| Andrew            |                    | Sekel            | Ph.D.  | andrew.sekel@optumheal | Scott                | Craven | Vice President, Behavioral Health | 651-283-6693                              | scott.m.craven@uhc.com                           |  | Enrollment numbers as of July 2012 fo |

|           |            |          |                         |                            |                      |                      | Provider     |                                    |                      |                      |                        |                                       |
|-----------|------------|----------|-------------------------|----------------------------|----------------------|----------------------|--------------|------------------------------------|----------------------|----------------------|------------------------|---------------------------------------|
|           |            |          |                         |                            |                      | Provider Contracting | Contracting  |                                    |                      | Provider Contracting |                        |                                       |
| CEO First | CEO Middle | CEO Last |                         |                            | Provider Contracting | Contact Middle       | Contact Last |                                    | Provider Contracting | Contact Email        | Provider Contracting   |                                       |
| Name      | Name       | Name     | Suffix                  | CEO Email Address          | Contact First Name   | Name                 | Name         | Title                              | Contact Telephone    | Address              | Contact Web Site       | Notes/Source                          |
| Barry     | М          | Smith    |                         |                            | Jaymi                |                      | Wiley        | Provider Relations Director, Weste | 619-681-0020         | jjwiley@magellanhea  | www.magellanhealth.com | Enrollment Data: cms.gov, As of March |
| Joseph    |            | Swedish  | (current Interim CEO is | John Cannon; JS to-be CEO, | Aldo                 |                      | De La Torre  | Vice President, Provider Contracti | 818-234-5146         | aldo.delatorre@well  | <u>point.com</u>       | Enrollment Data: cms.gov, As of March |
| Pam       |            | Kehaly   |                         |                            | Tina                 |                      | Shabanian    | Director of Provider Contracting a | 818-228-2547         | Tina.shabanian@blu   | eshieldca.com          | Enrollment Data: cms.gov, As of March |
| Barry     | М          | Smith    |                         |                            | Jaymi                |                      | Wiley        | Provider Relations Director, Weste | 619-681-0020         | jjwiley@magellanhea  | www.magellanhealth.com | Enrollment Data: cms.gov, As of March |
| Clark     | A          | Marcus   |                         | cmarcus@compcare.com       | Michelle             | A                    | Brochu       | VP, Project Management             | 813-367-4348         | mbrochu@compcare     | www.compcare.com       | Enrollment Data: cms.gov, As of March |
| Leeba     |            | Lessin   | (President)             | leeba.lessin@caremore.co   |                      |                      |              |                                    |                      | Interestedprovider@  | www.caremore.com       | Enrollment Data: cms.gov, As of March |
| Sam       |            | Kam      | (President)             | cphinfo@centralhealthplar  |                      |                      |              |                                    |                      |                      |                        | Enrollment Data: cms.gov, As of March |
| Parvis    |            | Kahen    |                         | parvis32@aol.com           |                      |                      |              |                                    |                      | ProvContr@mycchp.    | <u>com</u>             | Enrollment Data: cms.gov, As of March |
| Norma     |            | Diaz     |                         | ndiaz@chgsd.com            | Victor               |                      | Gonzalez     | Provider Relations Supervisor      | 619-498-6457         | vgonza@chgsd.com     |                        | Contract Contact info from: http://ww |
| Heyward   | R          | Donigan  | (President)             | HEYWARD.DONIGAN@valu       | Michelle             |                      | White        | PR Director, Pacific Region        | 714-763-2441         | Michelle.White@valu  | www.valueoptions.com   | Steve Ramsland; Email for CEO from h  |



## Stakeholder/Partner Focus Group Areas Explored





## **Qualitative Interviews With Leaders & Stakeholders**

Typically, these are qualitative telephone interviews conducted by a knowledgeable interviewer.

#### Common categories of questions:

- Brand and image in the marketplace
- Key competitors and best practice provider organizations
- Service demand and capacity needs
- Changing payment models



## **Community Focus Groups**

Typically, these are 1 to 1.5-hour meetings in the community, with a focus group leader and a note-taker. Ideally, the groups have 30 individuals or less.

#### Common categories of questions:

- Overall experience with the agency
- Ease of access to care
- Brand and image in the marketplace
- Service demand and capacity needs
- Other feedback positive or negative



## **Common Components Of Internal Analysis**

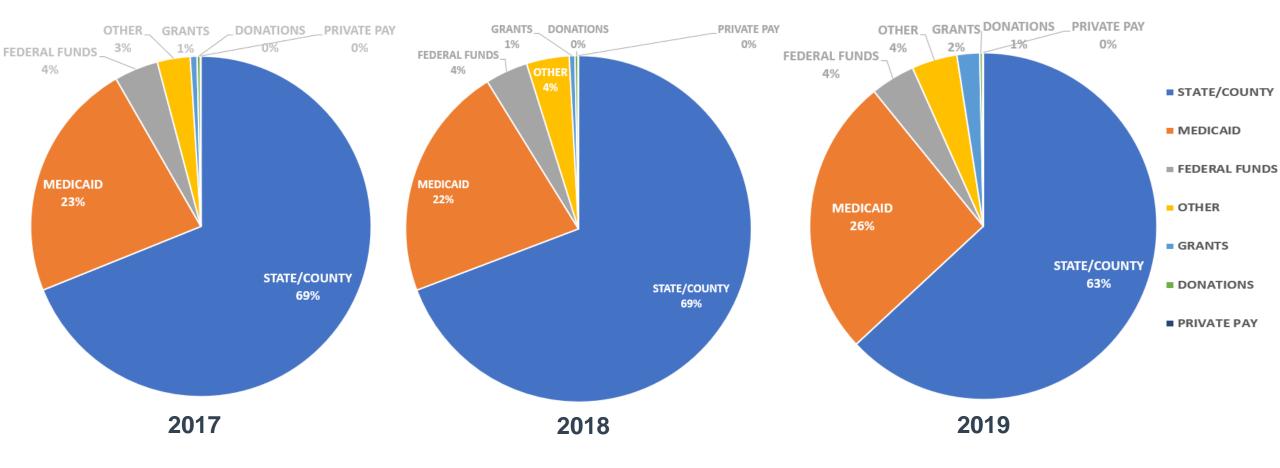
## Revenue Mix By Payer & Service Line

Profit & Loss

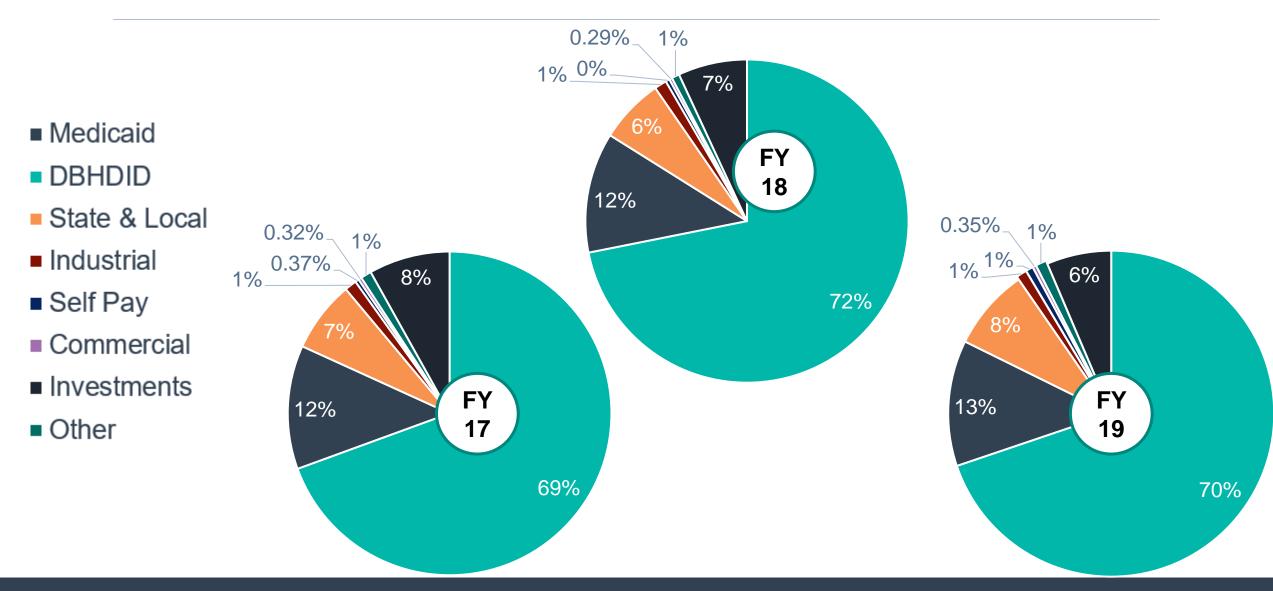
## Staff & Board SWOT Analysis



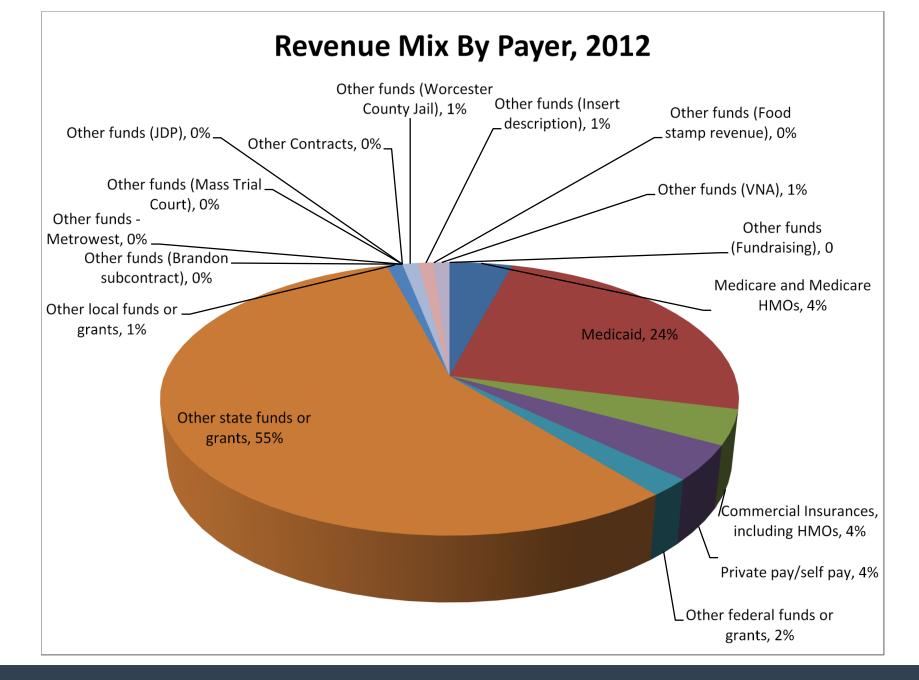
### Program Revenue By Payer



# Payer Mix: FY17 To FY19

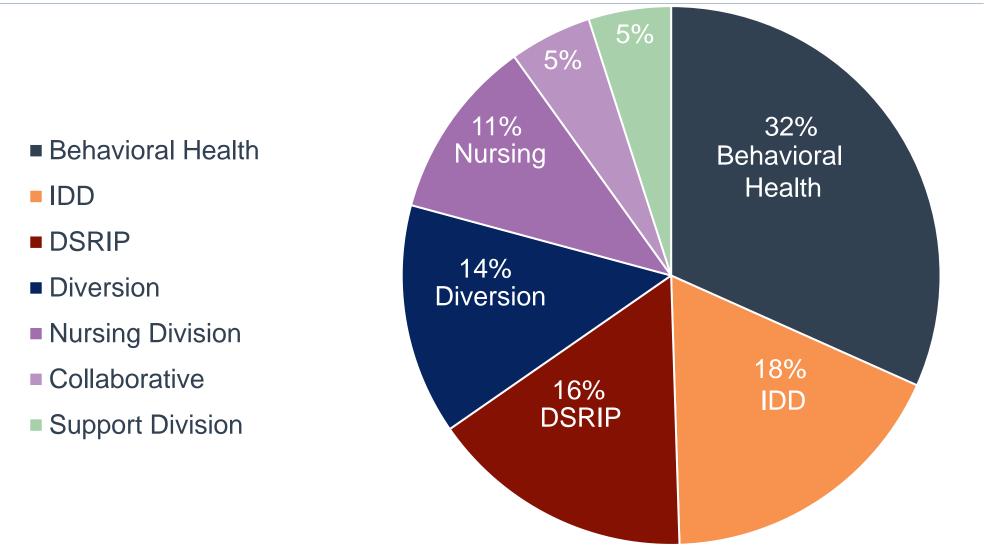


**COPEN MINDS** 

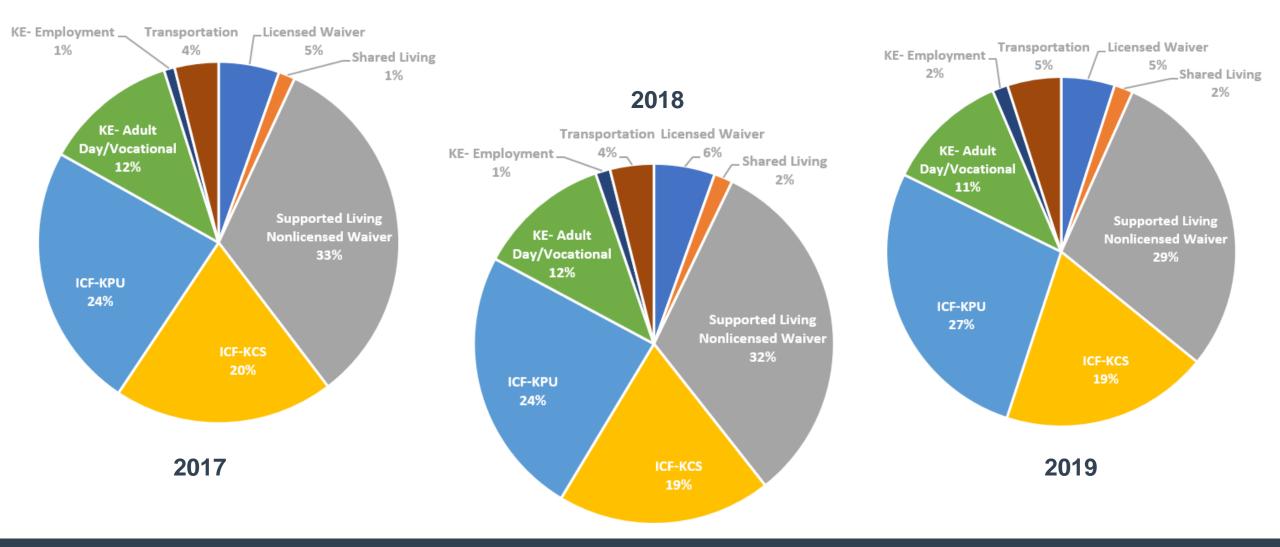




# Service Division Revenue Mix FY19

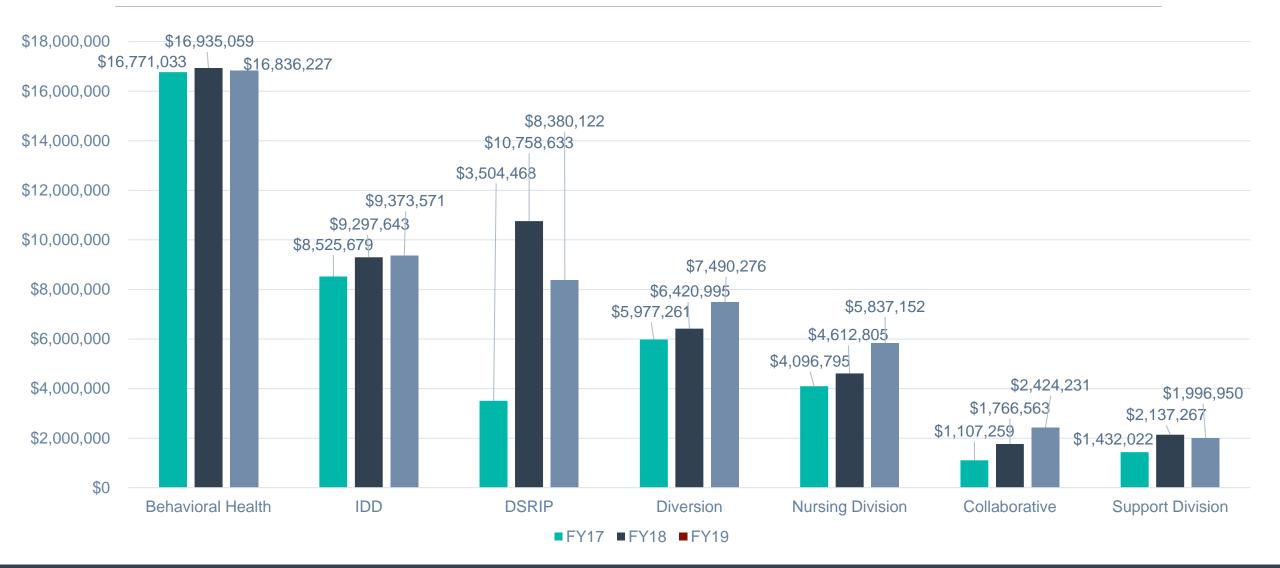


# **Revenue By Program All**



**COPEN MINDS** 

# Service Division Revenue Mix FY17 To FY19





# Profit/Loss FY17 To FY19

|                | FY 17                       | FY 18                   | FY 19                         |
|----------------|-----------------------------|-------------------------|-------------------------------|
| Total Revenue  | \$41,414,517                | \$51,928,965            | \$52,105,333                  |
| Total Expenses | \$47,276,303                | \$49,388,234            | \$51,213,742                  |
| Profit/Loss    | <b>(\$5,861,786) (-14%)</b> | \$2,540,731 <b>(5%)</b> | \$1,124,787 <mark>(2%)</mark> |



# Revenue & Profitability By Program FY 2019

| Service Line                     | Revenues     | Direct<br>Expenses | Protected<br>Expenses | Indirect &<br>Capital | Alloc OH<br>Expenses | Profit/(Loss)<br>Margin | Margin<br>(Percentage) |
|----------------------------------|--------------|--------------------|-----------------------|-----------------------|----------------------|-------------------------|------------------------|
| Shared Living                    | \$564,266    | \$283,204          | \$0                   | \$11,225              | \$46,540             | \$223,296               | 39.57%                 |
| Adult/Day<br>Vocational          | \$3,683,246  | \$1,781,658        | \$100,173             | \$857,850             | \$462,466            | \$481,099               | 13.06%                 |
| Licensed<br>Waiver               | \$1,609,415  | \$1,118,349        | \$36,288              | \$261,315             | \$240,596            | \$-47,134               | -2.93%                 |
| ICF                              | \$8,847,614  | \$5,652,893        | \$703,076             | \$1,331,806           | \$1,112,755          | \$47,083                | 0.53%                  |
| ICF                              | \$6,232,086  | \$4,169,381        | \$150,976             | \$946,780             | \$954,005            | \$10,943                | 0.18%                  |
| Supported<br>Living No<br>Waiver | \$9,477,204  | \$8,089,045        | \$-172                | \$450,874             | \$1,466,506          | \$-529,049              | -5.58%                 |
| Employment                       | \$465,619    | \$407,637          | \$0                   | \$73,428              | \$83,138             | \$-98,583               | -21.17%                |
| Transportation                   | \$1,542,637  | \$606,159          | \$3,975               | \$438,583             | \$175,155            | \$318,765               | 20.66%                 |
| Grand Totals                     | \$32,422,086 | \$22,108,328       | \$994,317             | \$4,371,862           | \$4,541,161          | \$406,419               | 1.25%                  |

| Profit & Loss By Service Line |              |              |                           |                           |              |               |                                 |
|-------------------------------|--------------|--------------|---------------------------|---------------------------|--------------|---------------|---------------------------------|
|                               | Revenue      | Expenses     | Other Program<br>Expenses | Profit/Loss<br>Before M&G | M&G Expenses | Profit/Loss   | M&G<br>Expense %<br>Of Expenses |
| Outpatient<br>Mental Health   | \$8,569,673  | \$6,458,648  | \$3,377,076               | (\$1,266,051)             | \$2,027,798  | (\$3,293,849) | 17%                             |
| Residential<br>Services       |              |              |                           |                           |              |               |                                 |
|                               | \$2,885,525  | \$2,284,799  | \$1,828,403               | (\$1,227,677)             | \$850,113    | (\$2,077,790) | 17%                             |
| Community-<br>Based Services  | \$6,134,152  | \$3,917,012  | \$1,011,406               | \$1,205,733               | \$1,016,615  | \$189,118     | 17%                             |
| Crisis<br>Stabilization       | \$636,778    | \$967,370    | \$80,796.05               | (\$411,387)               | \$216,651    | (\$628,038)   | 17%                             |
| Total For<br>Service Lines    | \$18,226,130 | \$13,627,830 | \$6,297,682               | (\$1,699,382)             | \$4,111,177  | (\$5,810,559) | 17%                             |

© 2020 OPEN MINDS 44

#### Survey & SWOT Analysis

|            | Senior Management   | Board & ELT  |
|------------|---|--|
| Strengths  | <ul> <li>Innovative</li> <li>Reputation for high quality services</li> <li>Strong leadership that supports staff</li> <li>Clear organizational vision and mission</li> </ul>  | <ul> <li>Financial management</li> <li>Clear mission, values, and statement of philosophy that guides our work across the organization</li> </ul>  |
| Weaknesses | <ul> <li>Internal communication</li> <li>Lack of data and outcomes reporting</li> <li>Expansive growth has stretched<br/>operations systems</li> <li>Holding all staff accountable in a<br/>consistent and fair manner</li> <li>Need better vision of agency direction</li> </ul> | <ul> <li>Leadership – both turnover and depth<br/>of senior/middle management</li> <li>Outcomes measures and weaknesses<br/>in data collection and analysis</li> <li>Slow to implement and use new<br/>technology</li> </ul> |



|               | Senior Management  | Board & ELT  |
|---------------|--|--|
| Opportunities | <ul> <li>Look for opportunity to grow through<br/>merger/partnerships</li> <li>Health care reform and initiatives</li> <li>Room for advancement and building<br/>Advocates reputation</li> </ul> | <ul> <li>Services for individuals with autism</li> <li>Integrated care and working with<br/>primary care</li> <li>Services for the aging and elderly<br/>population</li> </ul>               |
| Threats       | <ul> <li>Keeping the focus on employment and<br/>recruitment of quality diverse staff</li> <li>Economic landscape changes</li> </ul>   | <ul> <li>Government funding</li> <li>Changes in the health care market<br/>brought on by the ACA</li> <li>Staff turnover and ability to hire and<br/>retain quality staff members</li> </ul> |



# 5. Putting It All Together: Synthesis and Plan Development



© 2020 OPEN MINDS 47

# So What's Next?

#### #1 Synthesize the internal and external analysis.

- What are the key findings? (This the elevator speech the short list of what all the internal and external data means.)
- What are the landscape issues that impact our ability to be successful?
- #2 Develop a short list (3-5) of high-level strategic objectives.
  - These are not management or operational goals, they are strategic objectives.
- #3 Flesh out the details of how to make it happen.
  - What are the detailed operational initiatives or tactics that need to occur to accomplish the objectives?
  - What are the budget implications? Does this modify the initiatives and tactics?
- #4 Develop key performance indicators (KPIs) to monitor progress and success.
  - Implement a dashboard to report the metrics to the executive team as well as other key stakeholders.



# Sample Key Findings From The Strategic Analysis

- Finding #1: The pandemic and its aftermath will have lasting impacts on the demand for health care services, operations, and available funding for provider organizations like ours.
- Finding #3: The organization has a reputation of service excellence, particularly in crisis management, and its brand is more recognized in the community than it was previously.
- Finding #4: The organization is in a strong financial position but will need to take a close look at how the pandemic and its aftermath impact service demand, operations, and finances.
- Finding #6: There is a strong push for the organization to be able to demonstrate quality and value with data, and an opportunity to be a leader in developing best practices.
- Finding #7: Continued efforts on primary care integration and "whole person" care (and CCBHC requirements) are likely to be critical parts of the new strategic plan.

## Sample Strategic Objectives

Service Excellence:

To maintain, enhance, and celebrate our position as a premier provider organization of behavioral health services to individuals, families, and our community.

#### Family-Centered, Holistic Care:

To ensure that all our organization's clinical programs treat the whole person and his or her needs including mental health, addiction disorder, intellectual and developmental disability, primary care, and social environment conditions.

#### Visionary, Advocate & Community Partner:

To establish our organization as a leading organization in the research, development, and training for clinical and administrative best practices; an advocate for consumer-centered, quality health care services; and a community partner in enhancing the system of care in our community.

#### Service Expansion:

To continue to expand the array of services provided in our community and broaden our positive impact on individuals, families, and communities.

## Sample Key Findings From The Strategic Analysis

Finding #1: The organization has a strong brand reputation and critical core competencies in managing the care and cost of services for individuals with cognitive and developmental disabilities, and other complex conditions. This represents a significant market opportunity for expansion of services and the organization's impact on individuals, families, and communities.

Finding #4: The organization needs to grow significantly larger in terms of its size and scope of services so that it can continue to make the major investments in infrastructure and operations it needs in today's health care market.

**Finding #2:** The organization is financially stable, but operates with very small profit margins, making it difficult to invest in staff and infrastructure.

**Finding #3:** The organization, like most health care providers, has workforce challenges that must be addressed for it to continue to thrive in its mission.

#### **COPEN MINDS**

## Sample Strategic Objectives

#### Objective #1

To establish the organization as a "premier provider" of services to people with cognitive, developmental disabilities, or other complex conditions.

#### Objective #2

To diversify and significantly grow revenues and services while ensuring the financial performance at the organization for the long-term financial sustainability of the organization.

#### Objective #3

To position the organization as an "Employer of Choice" by continuing to invest in its human capital resources to recruit, develop, and retain the qualified workforce it needs to achieve its mission.

#### Objective #4

To enhance both clinical and administrative systems and operations so that the organization will remain competitive and continue to thrive in managed care and value-based purchasing reimbursement environments.

# Example Strategic Initiatives, Tactics, and Timelines

| Strategic Initiative  | Phase<br>One | Phase<br>Two | Phase<br>Three | Phase<br>Four |
|---|--------------|--------------|----------------|---------------|
| <b>Overall Strategic Initiative A:</b> Implement a formal "balanced scorecard" performance measurement system and performance dashboard.  |              | Х            | Х              | Х             |
| Overall Strategic Initiative B: Develop a<br>key stakeholder reporting and communication<br>system to communicate our performance and<br>reputation as a Center of Excellence and Employer<br>or Choice |              | Х            | Х              | Х             |
| <b>Overall Strategic Initiative C:</b> Develop,<br>communicate and implement a comprehensive<br>communication plan between leaders, management<br>and all other staff.                                  | Х            | Х            | Х              | Х             |

# Example Strategic Initiatives, Tactics, and Timelines

| <b>Strategic Initiative #2.B:</b> Enhance and implement formal processes for monitoring staff feedback and satisfaction, incorporating 360° feedback models into staff evaluations, and recognizing superior employee performance.  |   |   | х | x |
|---|---|---|---|---|
| Strategic Initiative #2.C: Enhance staff recruitment and retention efforts.   | Х | х | Х | Х |
| <b>Strategic Initiative #2.D:</b> Enhance and broaden our<br>"Miniversity" to increase the availability and effectiveness of training<br>for staff across the corporation, and expand Leadership Development<br>supports and supervisory training for current and aspiring leaders. | Х | х | Х | X |
| <b>Strategic Initiative #2.E:</b> Develop and implement a performance-based appraisal model for staff that utilizes strategic key indicators (KPIs) for improved performance and accountability.  |   |   |   | х |
| <b>Strategic Initiative #3.A:</b> Restructure our organization chart into 4-8 service divisions, with a single individual responsible for the quality and financial performance of each division.   | Х |   |   |   |
| <b>Strategic Initiative #3.B:</b> Restructure ours shared administrative and local administrative services so that they are efficient, cost-effective, and incorporate the strategic initiatives in this plan.  |   | Х | Х | Х |

# **Example Performance Metrics**

#### #1 Center of Excellence

- Number of new admissions to services this month
- Total number of consumers served this month
- Number of consumer critical incidents this month

#### #2 Human Resource

- Number of equal employment opportunity complaints (EEOC)
- Number of new staff hires this month
- Number of staff discharges this month
- Number of staff promoted this month
- Percentage of staff positions vacant at month end (vacancy rate)
- Average number of days to fill staff positions for new hire this month
- Number of employee grievances this month
- Percentage of staff having staff training or other staff development this month
- Rolling staff turnover rate (90-days), year-to-date

Questions From Our Circle Members

- 1. How do you prioritize strategic planning when we are in crisis management mode?
- 2. What sources would you suggest for market/landscape assessment?
- 3. At what point should you involve your board in strategic planning? And how?
- 4. Can you do strategic planning without an external consultant? Who should lead the process?
- 5. Any tips on how to communicate your strategic plan to stakeholders?

# More Resources

OPEN MINDS

- 1. <u>Making The Right Tech Investments For Your Organization: An</u> <u>OPEN MINDS Executive Seminar On Technology Budgeting &</u> <u>Planning</u>
- 2. <u>Strategy In A Crisis Staying Afloat Vs. Navigating; Keys To</u> <u>Planning & Managing For Recovery</u>
- 3. <u>How To Develop A Strategic Plan: An OPEN MINDS Executive</u> <u>Seminar On Best Practices In Strategy, Portfolio Management &</u> <u>Scenario-Based Planning</u>
- 4. <u>Building & Executing Strategy In A Complex Market—A Three-</u> <u>Phase Best Practice Model For Success</u>
- 5. <u>Management Newsletter: The Strategic Planning Edition: Going</u> <u>From Strategy To Success</u>
- 6. <u>August 20 Web Briefing, Sign Up Now: From Ideas To Action –</u> <u>How To Assess Feasibility & Implement Your Strategic Plan.</u>
- 7. <u>Making Change Happen From Strategic Planning To Successful</u> <u>Implementation</u>
- 8. <u>Making Change Happen From Strategic Planning To Successful</u> <u>Implementation</u>

# **Turning Market Intelligence Into Business Advantage**

OPEN MINDS market intelligence and technical assistance helps over 550,000+ industry executives tackle business challenges, improve decision-making, and maximize organizational performance every day



www.openminds.com • 15 Lincoln Square, Gettysburg, Pennsylvania 17325 • 717-334-1329 • info@openminds.com